

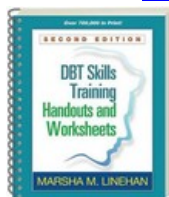


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## DBT Skills Training Handouts and Worksheets, Second Edition

Linehan Marsha M.

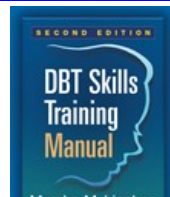


**BESTSELLING**

**GUILFORD PUBLICATIONS**

Featuring more than 225 user-friendly handouts and worksheets, this is an essential resource for clients learning dialectical behavior therapy (DBT) skills, and those who treat them. All of the handouts and worksheets discussed in Marsha M. Linehan's DBT Skills Training Manual, Second Edition, are provided.

AUD RRP: \$74.99 ISBN-13: 9781572307810  
Due Date: 08/01/2015 Discount: Acad & Professional  
Format: Paperback Size: 279 X 216  
Pages: 422



## DBT Skills Training Manual 2/e

Linehan Marsha M.

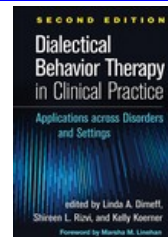


**BESTSELLING**

**GUILFORD PUBLICATIONS**

From Marsha M. Linehan--the developer of dialectical behavior therapy (DBT)--this comprehensive resource provides vital tools for implementing DBT skills training. The reproducible teaching notes, handouts, and worksheets used for over two decades by hundreds of thousands of practitioners have been significantly revised and expanded.

AUD RRP: \$114.00 ISBN-13: 9781462516995  
Due Date: 31/12/2014 Discount: Text  
Format: Paperback Size: 279 X 216  
Pages: 504



## Dialectical Behavior Therapy in Clinical Practice 2/e

Linda A. Dimeff  
Shireen L. Rizvi, and  
Kelly Koerner

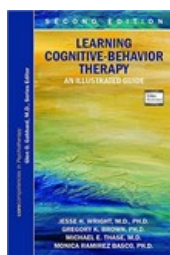


**NEW**

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Leading experts describe innovative ways to use dialectical behavior therapy (DBT) in a wide range of real-world clinical and community settings. The volume provides wise guidance on setting up, running, and evaluating a comprehensive DBT program.

AUD RRP: \$123.75 ISBN-13: 9781462544622  
Due Date: 01/12/2020 Discount: Acad & Professional  
Format: Hardback Size: 254 X 179  
Illustration: Not  
Illustrated Pages: 450



## Learning Cognitive-Behavior Therapy 2/e

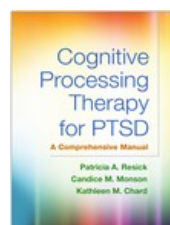
Wright Jesse H.  
(University of  
Louisville Heal



**AMERICAN PSYCHIATRIC ASSOCIATION PUBLISHING**

This updated, second edition also features ways to employ CBT to reduce suicide risk and tips on integrating therapies related to CBT -- including dialectical behavior therapy, mindfulness-based cognitive therapy, and well-being therapy.

AUD RRP: \$170.00 ISBN-13: 9781615370184  
Due Date: 30/07/2017 Discount: Text  
Format: Paperback Size: 229 X 150  
Illustration: B&W Pages: 339  
Throughout



## Cognitive Processing Therapy for PTSD

Resick Patricia A.;  
Monson, Candice M.;  
Chard,

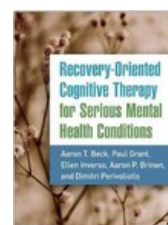


**BESTSELLING**

**GUILFORD PUBLICATIONS**

The culmination of more than 25 years of clinical work and research, this is the authoritative presentation of cognitive processing therapy (CPT) for posttraumatic stress disorder (PTSD). Written by the treatment's developers, the book includes session-by-session guidelines for implementation, complete with extensive sample dialogues.

AUD RRP: \$74.99 ISBN-13: 9781462528646  
Due Date: 11/02/2017 Discount: Acad & Professional  
Format: Paperback Size: 266 X 203  
Pages: 312



## Recovery-Oriented Cognitive Therapy for Serious Mental Health Conditions

Beck Aaron T, MD;  
Grant, Paul; Inverso,  
Elle

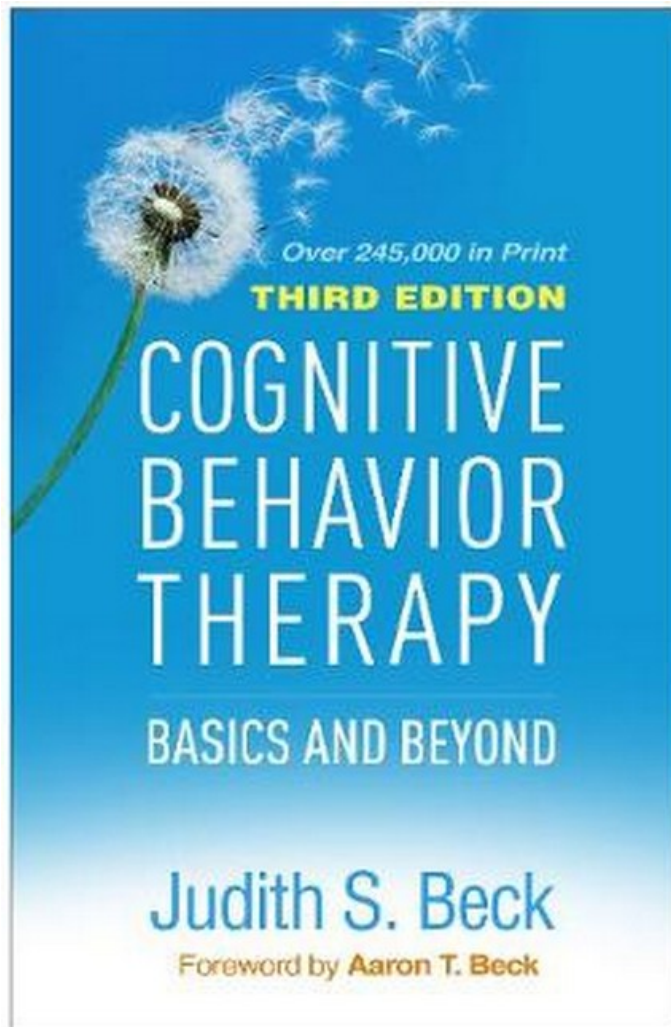


**NEW**

**GUILFORD PUBLICATIONS**

From pioneering treatment developers, this is the authoritative presentation of recovery-oriented cognitive therapy (CT-R). This evidence-based approach empowers people given a serious mental health diagnosis such as schizophrenia to build a better life in their chosen community.

AUD RRP: \$68.99 ISBN-13: 9781462545193  
Due Date: 01/02/2021 Discount: Acad & Professional  
Format: Paperback Size: 267 X 203  
Pages: 282



NEW EDITION

## Cognitive Behavior Therapy 3/e

Basics and Beyond

*By Beck Judith S., Ph.D.*

Hundreds of thousands of clinicians and graduate students have relied on this text--now significantly revised with more than 50% new material--to learn the fundamentals of cognitive behavior therapy (CBT). Leading expert Judith S. Beck demonstrates how to engage patients, develop a sound case conceptualization, plan individualized treatment, structure sessions, and implement core cognitive, behavioral, and experiential techniques. Throughout the book, extended cases of one client with severe depression and another with depression, anxiety, and borderline personality disorder traits illustrate how a skilled therapist delivers CBT and troubleshoots common difficulties. Adding to the third edition's utility, the companion website features downloadable worksheets and videos of therapy sessions. New to This Edition

- \*Chapter on the therapeutic relationship.
- \*Chapter on integrating mindfulness into treatment.
- \*Presents recovery-oriented cognitive therapy (CT-R)--which emphasizes clients' aspirations, values, and positive adaptation--alongside traditional CBT.
- \*Pedagogical features: clinical tips, reflection questions, practice exercises, and videos at the companion website.
- \*New case examples featuring clients with more complex problems.
- \*Demonstrates how to integrate strategies from other modalities, such as acceptance and commitment therapy, dialectical behavior therapy, and mindfulness-based cognitive therapy.

**AUD RRP:** \$118.00**ISBN-13:** 9781462544196**Due Date:** 12/01/2021**Discount:** Text**Format:** Hardback**Size:** 229 X 152**Pages:** 414  
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## Attachment / Mindfulness



**Attachment: The Fundamental Questions**  
Thompson Ross A.;  
Simpson, Jeffry A.;  
Berlin, Li

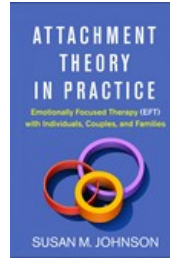


**NEW**

**GUILFORD PUBLICATIONS**

The ongoing growth of attachment research has given rise to new perspectives on classic theoretical questions as well as

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| <b>Format:</b> Hardback              | <b>Size:</b> 235 X 156               |
| <b>Illustration:</b> Not Illustrated | <b>Pages:</b> 450                    |



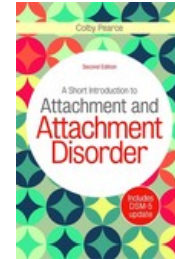
**Attachment Theory in Practice**  
Johnson Susan M.



**GUILFORD PUBLICATIONS**

Drawing on cutting-edge research on adult attachment--and providing an innovative roadmap for clinical practice--Susan M. Johnson argues that psychotherapy is most effective when it focuses on the healing power of emotional connection. The primary developer of emotionally focused therapy (EFT) for couples, Johnson now extends her attachment-based .....

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| <b>AUD RRP:</b> \$68.99     | <b>ISBN-13:</b> 9781462538249        |
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|                             | <b>Pages:</b> 278                    |



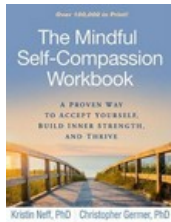
**A Short Introduction to Attachment and Attachment Disorder 2/e**  
Pearce Colby



**JESSICA KINGSLEY PUBLISHERS**

Colby Pearce is Principal Psychologist at Secure Start, a private psychology practice based in Adelaide that provides assessment and psychotherapy services in the areas of child protection, inter-country adoption, refugees and community child and family psychology. He has extensive experience in the teaching and training of psychologists and other .....

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| <b>AUD RRP:</b> \$26.99     | <b>ISBN-13:</b> 9781785920585 |
| <b>Due Date:</b> 16/03/2017 | <b>Discount:</b> Text         |
| <b>Format:</b> Paperback    | <b>Size:</b> 214 X 140        |
|                             | <b>Pages:</b> 160             |



**The Mindful Self-Compassion Workbook**  
Neff Kristin ; Germer, Christopher

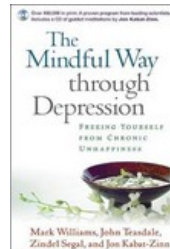


**BESTSELLING**

**GUILFORD PUBLICATIONS**

Are you kinder to others than you are to yourself? More than a thousand research studies show the benefits of being a supportive friend to yourself, especially in times of need. This science-based workbook offers a step-by-step approach to breaking free of harsh self-judgments and impossible standards in order to cultivate emotional well-being. In .....

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| <b>AUD RRP:</b> \$38.99     | <b>ISBN-13:</b> 9781462526789        |
| <b>Due Date:</b> 17/10/2018 | <b>Discount:</b> Trade International |
| <b>Format:</b> Paperback    | <b>Size:</b> 266 X 203               |
|                             | <b>Pages:</b> 206                    |



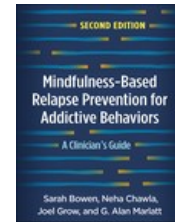
**The Mindful Way through Depression**  
Williams J. Mark G.;  
Teasdale, John;  
Segal, Zind



**GUILFORD PUBLICATIONS**

An easy-to-use self-help program that is based on methods clinically proven to reduce the recurrence of depression. Revealing the hidden psychological mechanisms that cause chronic unhappiness, this work guides readers through a series of exercises designed to break the mental habits that lead to despair.

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| <b>AUD RRP:</b> \$42.99     | <b>ISBN-13:</b> 9781593851286        |
| <b>Due Date:</b> 21/07/2007 | <b>Discount:</b> Trade International |
| <b>Format:</b> Paperback    | <b>Size:</b> 229 X 152               |
|                             | <b>Pages:</b> 273                    |



**Mindfulness-Based Relapse Prevention for Addictive Behaviors**  
Bowen Sarah;  
Chewla, Neha; Grow, Joel; Marlatt



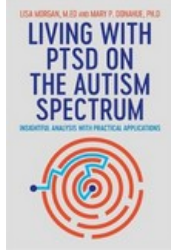
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This authoritative book--now revised and expanded with important clinical and research advances--presents a proven approach

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| <b>Format:</b> Paperback             | <b>Size:</b> 266 X 203               |
| <b>Illustration:</b> Not Illustrated | <b>Pages:</b> 204                    |





**Living with PTSD on the Autism Spectrum**  
Morgan Lisa and Donahue, Mary



**NEW**

**JESSICA KINGSLEY PUBLISHERS**

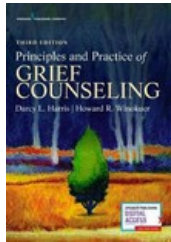
The relationship between autism and PTSD has historically been neglected in research and understanding but impacts the lives of many. In this unique collaboration, Lisa Morgan and Mary Donahue explore PTSD in autistic adults as patient and practitioner.

AUD RRP: \$38.99 ISBN-13: 9781787750500

Due Date: 14/12/2020 Discount: Acad & Professional

Format: Paperback Size: 229 X 152

Illustration: Not Illustrated Pages: 256



**Principles and Practice of Grief Counseling 3/e**  
Harris Darcy L.; Winokuer, Howard R.



**SPRINGER PUBLISHING COMPANY**

With a focus on clinical application, this text combines the knowledge and skills of counselling psychology with current theory and research in grief and bereavement. This edition is updated to address issues related to the developmental aspects of grief, including grief in children, grief as a lifespan concept, and grief in an aging demographic.

AUD RRP: \$107.00 ISBN-13: 9780826173324

Due Date: 30/12/2019 Discount: Text

Format: Paperback Size: 229 X 152

Illustration: B&W Throughout Pages: 306



**Trauma-Informed Assessment With Children and Adolescents**  
Kisiel Cassandra



**NEW**

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

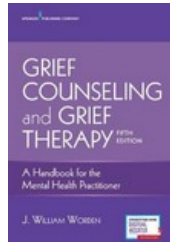
A practical guide for clinicians and other professionals working with children and adolescents exposed to trauma, offering an overview and rationale for a comprehensive approach to trauma-informed assessment, including key domains and techniques.

AUD RRP: \$97.99 ISBN-13: 9781433833854

Due Date: 02/04/2021 Discount: Acad & Professional

Format: Paperback Size: 229 X 152

Pages: 118



**Grief Counseling and Grief Therapy 5/e**  
Worden J. William



**BESTSELLING**

**SPRINGER PUBLISHING COMPANY**

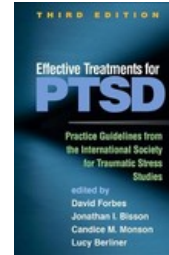
Encompassing new content on the treatment of grief, loss, and bereavement, this updated and revised fifth edition delivers the most current research and practical information for upper-level students and practitioners alike. New to the fifth edition are updates to the author's Tasks and Mediators of Mourning and new case studies.

AUD RRP: \$114.00 ISBN-13: 9780826134745

Due Date: 29/06/2018 Discount: Text

Format: Paperback Size: 229 X 152

Pages: 352



**Effective Treatments for PTSD 3/e**  
David Forbes  
Jonathan I. Bisson  
Candice



**NEW EDITION**

**GUILFORD PUBLICATIONS**

Grounded in the updated Posttraumatic Stress Disorder Prevention and Treatment Guidelines of the International Society for Traumatic Stress Studies (ISTSS), the third edition of this definitive work has more than 90% new content.

AUD RRP: \$108.00 ISBN-13: 9781462543564

Due Date: 16/11/2020 Discount: Acad & Professional

Format: Paperback Size: 235 X 156

Pages: 558



**Creative Toolkit for Working with Grief and Bereavement: A Practitioner**  
Coenen Claudia



**NEW**

**JESSICA KINGSLEY PUBLISHERS**

Understanding loss and its effects is integral to effective counselling and support in the treatment of grief. This book is a both a guide to the key theories of bereavement, and a practical workbook that can be used with clients to help them understand and work through their grief in a positive, transformative way.

AUD RRP: \$45.99 ISBN-13: 9781787751460

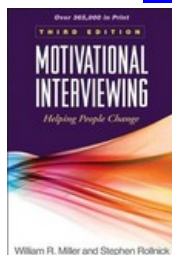
Due Date: 08/12/2020 Discount: Acad & Professional

Format: Paperback Size: 278 X 214

Pages: 144



# Motivational Interviewing / Counselling / Psychotherapy



**Motivational Interviewing 3/e**  
Miller William R.;  
Rollnick, Stephen

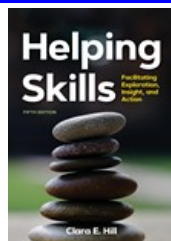


**GUILFORD PUBLICATIONS**

**BESTSELLING**

This bestselling work for professionals and students is the authoritative presentation of motivational interviewing (MI), the powerful approach to facilitating change. The book elucidates the four processes of MI--engaging, focusing, evoking, and planning--and vividly demonstrates what they look like in action.

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| AUD RRP: \$129.00    | ISBN-13: 9781609182274 |
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| Format: Hardback     | Size: 229 X 152        |
| Pages: 482           |                        |



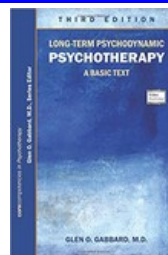
**Helping Skills 5/e**  
Hill Clara E.



**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Presents an updated model of essential helping skills for undergraduate and first year graduate students. This book synthesizes the author's extensive clinical and classroom experience into an easy to read guide to the helping process.

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| AUD RRP: \$174.00    | ISBN-13: 9781433831379        |
| Due Date: 29/10/2019 | Discount: Acad & Professional |
| Format: Paperback    | Size: 254 X 178               |
| Illustration: B&W    | Pages: 485                    |
| Throughout           |                               |



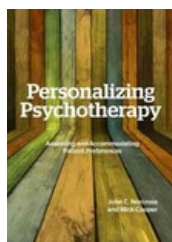
**Long-Term Psychodynamic Psychotherapy 3/e**  
Gabbard Glen O.  
(Clinical Professor of Psychiat



**AMERICAN PSYCHIATRIC ASSOCIATION PUBLISHING**

This new, meticulously updated edition offers the latest research on the foundations, techniques, and efficacy of psychodynamic psychotherapy, while still providing the basic information on assessment, indications, formulations, therapist interventions, goals of therapy, and mechanisms of therapeutic action.

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| AUD RRP: \$170.00    | ISBN-13: 9781615370535 |
| Due Date: 14/05/2017 | Discount: Text         |
| Format: Paperback    | Size: 229 X 150        |
| Illustration: B&W    | Pages: 251             |
| Throughout           |                        |



**Personalizing Psychotherapy: Assessing and Accommodating Patient**  
John C. Norcross

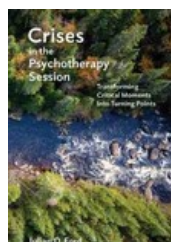


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This book provides detailed guidance on assessing and accommodating patient preferences for the psychotherapist, the therapeutic approach, and treatment activities.

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| AUD RRP: \$109.00    | ISBN-13: 9781433834554        |
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**Crises in the Psychotherapy Session**  
Ford Julian D.



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**NEW**

Crises that erupt in the midst of a psychotherapy session can be overwhelming not just for the client but also for the therapist. Yet every crisis also can be a therapeutic breakthrough. With this book, therapists learn how to transform such critical moments in psychotherapy into powerful and positive turning points.

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| AUD RRP: \$109.00    | ISBN-13: 9781433832871        |
| Due Date: 05/03/2021 | Discount: Acad & Professional |
| Format: Paperback    | Size: 229 X 152               |
| Pages: 336           |                               |



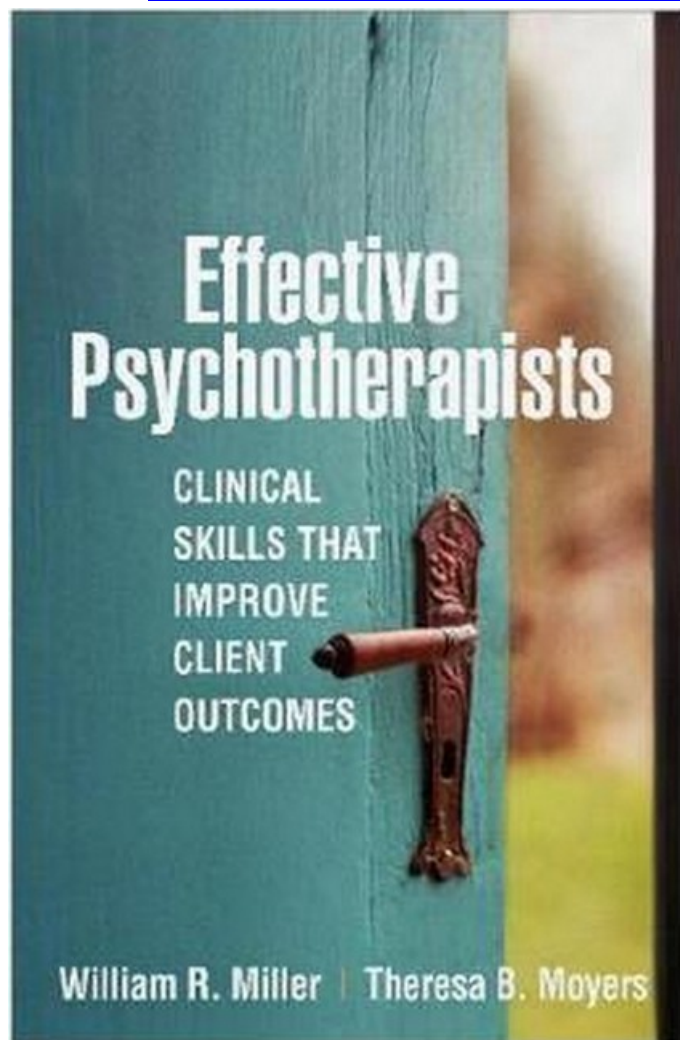
**Schema Therapy**  
Young Jeffrey E.;  
Klosko, Janet S.;  
Weishaar,



**GUILFORD PUBLICATIONS**

Designed to meet the challenges of treating personality disorders and other complex difficulties, schema therapy combines cognitive-behavioral techniques with elements of other therapies. This book describes ways to conceptualize challenging cases, explore the client's childhood history, identify and modify self-defeating patterns, and more.

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| AUD RRP: \$99.99     | ISBN-13: 9781593853723        |
| Due Date: 06/01/2007 | Discount: Acad & Professional |
| Format: Paperback    | Size: 235 X 156               |
| Pages: 436           |                               |

**NEW****Effective Psychotherapists:**

Clinical Skills That Improve Client Outcomes

*By Miller William R. and Moyers, Theresa B.***Key Sales Points:**

Strong potential— from a top-selling author who is codeveloper of the in-demand Motivational Interviewing approach, a practical guide to becoming a better therapist. The "missing link" in clinical training; even the best therapeutic technique can't be separated from the skills of the therapist delivering it. Broad market— the perfect upper-level text and graduate gift for novice therapists of all orientations and across disciplines. Shows how to improve specific interpersonal skills, and includes session transcripts with commentary. Reader-friendly writing style, with pull quotes and end-of-chapter key points.

What is it that makes some therapists so much more effective than others, even when they are delivering the same evidence-based treatment? This instructive book identifies specific interpersonal skills and attitudes - often overlooked in clinical training - that facilitate better client outcomes across a broad range of treatment methods and contexts. Reviewing 70 years of psychotherapy research, the preeminent authors show that empathy, acceptance, warmth, focus, and other characteristics of effective therapists are both measurable and teachable. Richly illustrated with annotated sample dialogues, the book gives practitioners and students a blueprint for learning, practicing, and self-monitoring these crucial clinical skills.

**Author Bio:**

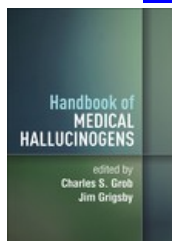
William R. Miller, PhD, University of New Mexico (Emeritus), Albuquerque; Theresa B. Moyers, PhD, University of New Mexico, Albuquerque

**AUD RRP:** \$58.99**ISBN-13:** 9781462546893**Due Date:** 27/03/2021**Discount:** Acad & Professional**Format:** Paperback**Size:** 228 X 152**Illustration:** Not Illustrated **Pages:** 214  
GUILFORD





# Clinical Psychology



**Handbook of Medical Hallucinogens**  
Grob Charles S. and Grigsby, Jim

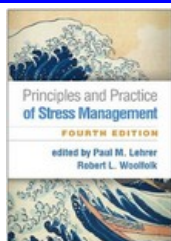


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This state-of-the-art handbook reviews promising applications of psychedelics in treatment of such challenging psychiatric

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| <b>AUD RRP:</b> \$147.00             | <b>ISBN-13:</b> 9781462545445        |
| <b>Due Date:</b> 24/06/2021          | <b>Discount:</b> Acad & Professional |
| <b>Format:</b> Hardback              | <b>Size:</b> 254 X 178               |
| <b>Illustration:</b> Not Illustrated | <b>Pages:</b> 556                    |



**Principles and Practice of Stress Management 4/e**  
Lehrer Paul M. and Woolfolk, Robert L.

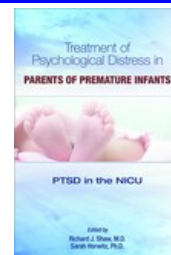


**NEW EDITION**

**GUILFORD PUBLICATIONS**

The leading clinical reference and text on stress management has now been significantly revised with 60% new material re

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| <b>AUD RRP:</b> \$108.00             | <b>ISBN-13:</b> 9781462545100        |
| <b>Due Date:</b> 01/04/2021          | <b>Discount:</b> Acad & Professional |
| <b>Format:</b> Paperback             | <b>Size:</b> 254 X 178               |
| <b>Illustration:</b> Not Illustrated | <b>Pages:</b> 656                    |



**Treatment of Psychological Distress in Parents of Premature Infants**  
Shaw Richard J.; Horwitz, Sarah, PhD

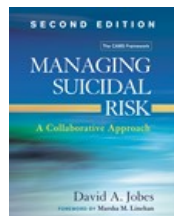


**NEW**

**AMERICAN PSYCHIATRIC ASSOCIATION PUBLISHING**

At the outset of pregnancy, most parents expect a roughly 40-week journey punctuated by the birth of a healthy baby. When a preterm birth upends these expectations, the effects extend beyond the infant; there are real psychological consequences for the parents themselves.

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| <b>AUD RRP:</b> \$126.00            | <b>ISBN-13:</b> 9781615373208        |
| <b>Due Date:</b> 29/01/2021         | <b>Discount:</b> Acad & Professional |
| <b>Format:</b> Paperback            | <b>Size:</b> 229 X 150               |
| <b>Illustration:</b> B&W Throughout |                                      |



**Managing Suicidal Risk 2/e**  
Jobes David A.

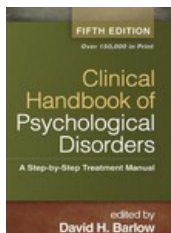


**BESTSELLING**

**GUILFORD PUBLICATIONS**

The Collaborative Assessment and Management of Suicidality (CAMS) approach has garnered a strong evidence base and has been implemented by therapists from a range of orientations in diverse clinical settings. This extensively revised manual provides a proven therapeutic framework for evaluating suicidal risk.

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| <b>AUD RRP:</b> \$80.99     | <b>ISBN-13:</b> 9781462526901 |
| <b>Due Date:</b> 28/10/2016 | <b>Discount:</b> Text         |
| <b>Format:</b> Paperback    | <b>Size:</b> 266 X 203        |
|                             | <b>Pages:</b> 270             |



**Clinical Handbook of Psychological Disorders 5/e**  
Barlow David H.

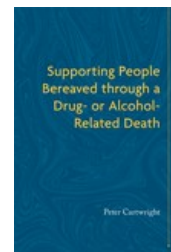


**BESTSELLING**

**GUILFORD PUBLICATIONS**

This clinical reference and widely adopted text is recognized as the premier guide to understanding and treating frequently encountered psychological disorders in adults. Showcasing evidence-based psychotherapy models, the volume addresses the most pressing question asked by students and practitioners--"How do I do it?".

|                             |                               |
|-----------------------------|-------------------------------|
| <b>AUD RRP:</b> \$180.00    | <b>ISBN-13:</b> 9781462513260 |
| <b>Due Date:</b> 11/05/2014 | <b>Discount:</b> Text         |
| <b>Format:</b> Hardback     | <b>Size:</b> 235 X 187        |
|                             | <b>Pages:</b> 768             |



**Supporting People Bereaved through a Drug- or Alcohol-Related Death**  
Cartwright Peter



**NEW**

**JESSICA KINGSLEY PUBLISHERS**

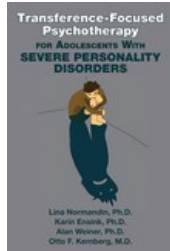
Indispensable guide for people supporting or counselling adults bereaved through a substance-related death. With contributions from a variety of subject experts, the book provides guidance on the specific aspects of this type of bereavement, with case studies, examples and descriptions of good practice.

|                             |                                      |
|-----------------------------|--------------------------------------|
| <b>AUD RRP:</b> \$51.99     | <b>ISBN-13:</b> 9781785921919        |
| <b>Due Date:</b> 08/01/2021 | <b>Discount:</b> Acad & Professional |
| <b>Format:</b> Paperback    | <b>Size:</b> 100 X 100               |
|                             | <b>Pages:</b> 336                    |





# Working with Children and Adolescents



**Transference-Focused Psychotherapy for Adolescents With Severe Personality Disorders**  
Normandin Lina, PhD; Ensink, Karin, PhD; Weiner, PhD

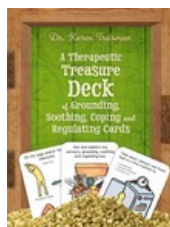


**NEW**

**AMERICAN PSYCHIATRIC ASSOCIATION PUBLISHING**

Offers clinicians a comprehensive, compassionate presentation of this specialized psychodynamic psychotherapy. Like the transference-focused psychotherapy model developed for BPD in adults, the version for adolescents is based on contemporary psychoanalytic object relations theory.

AUD RRP: \$126.00 ISBN-13: 9781615373147  
Due Date: 01/02/2021 Discount: Acad & Professional  
Format: Paperback Size: 229 X 150  
Illustration: B&W



**Therapeutic Treasure Deck of Grounding, Soothing, Coping and Regulating**  
Treisman Karen

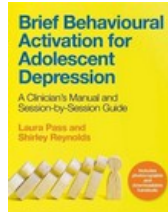


**BESTSELLING**

**JESSICA KINGSLEY PUBLISHERS**

This pack of 70 cards and explanatory guide offers a playful, nonthreatening way to explore feelings, and to form effective coping, regulating, soothing, and grounding strategies through a range of games and activities. Designed to work with both the brain and body, the cards address a wide range of common issues including anxiety, .....

AUD RRP: \$39.99 ISBN-13: 9781785925290  
Due Date: 14/10/2018 Discount: Acad & Professional  
Format: Kit Size: 150 X 150  
Pages: 70



**Brief Behavioural Activation for Adolescent Depression**  
Pass Laura and Reynolds, Shirley



**NEW**

**JESSICA KINGSLEY PUBLISHERS**

A comprehensive, accessible guide to Brief Behavioural Activation, a structured intervention for treating adolescents with depression. It provides guidance on every stage of delivering the process in practice, with photocopiable worksheets, and a section on the theory behind the approach. Suitable for both new and experienced practitioners.

AUD RRP: \$56.99 ISBN-13: 9781787755024  
Due Date: 15/12/2020 Discount: Acad & Professional  
Format: Paperback Size: 278 X 214  
Illustration: Not Illustrated



**Creative Ways to Help Children Manage Anxiety: Ideas and Activities for**  
Fiona Zandt Suzanne Barrett, Richy K. Chandler

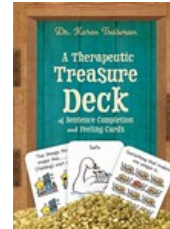


**NEW**

**JESSICA KINGSLEY PUBLISHERS**

Ideas and Activities for Working Therapeutically with Worried Children and Their Families. Packed full of ways to make therapeutic concepts engaging for children, this book contains over 50 therapeutic activities.

AUD RRP: \$41.99 ISBN-13: 9781787750944  
Due Date: 16/01/2021 Discount: Acad & Professional  
Format: Paperback Size: 279 X 216  
Illustration: B&W Pages: 208  
Throughout



**Therapeutic Treasure Deck of Sentence Completion and Feelings Cards**  
Treisman Karen



**JESSICA KINGSLEY PUBLISHERS**

The perfect tool to add to any 'therapeutic treasure box', this set of 68 cards provide a way to help open conversations and structure discussions with children and adolescents aged 6+. The treasure deck offers a fun, non-threatening way to help to build understanding and forge relationships.

AUD RRP: \$39.99 ISBN-13: 9781785923982  
Due Date: 13/02/2018 Discount: Acad & Professional  
Format: Kit Size: 150 X 150  
Pages: 68



**Creative Ways to Help Children Manage BIG Feelings: A Therapist's Guide**  
Zandt Fiona and Barrett, Suzanne and Brether



**BESTSELLING**

**JESSICA KINGSLEY PUBLISHERS**

To be able to effectively offer therapy to children, complex therapeutic concepts need to be presented in an appropriate and engaging manner. This practical guide provides clinicians with with numerous games and imaginative activities to help children aged 4-12.

AUD RRP: \$41.99 ISBN-13: 9781785920745  
Due Date: 14/06/2017 Discount: Acad & Professional  
Format: Paperback Size: 276 X 214  
Pages: 200



## Working with Children and Adolescents / EMDR



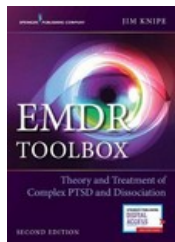
**DBT Therapeutic Activity Ideas for Working with Teens: Skills and Exercises**  
*Lozier Carol*



**JESSICA KINGSLEY PUBLISHERS**

This fun and engaging activity book helps to teach teens to manage emotions and develop relationships by tracking their progress using Dialectical Behaviour Therapy (DBT) techniques. DBT is specifically designed for emotionally sensitive young people, especially those with BPD.

AUD RRP: \$47.99 ISBN-13: 9781785927850  
Due Date: 16/04/2018 Discount: Acad & Professional  
Format: Paperback Size: 278 X 215  
Pages: 200



**EMDR Toolbox 2/e**  
*Knipe Jim*

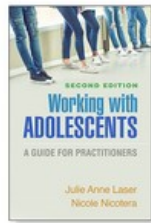


**SPRINGER PUBLISHING COMPANY**

**BESTSELLING**

Delivers a powerful set of EMDR-based "tools" - useful strategies for helping difficult-to-treat clients with complex emotional problems. This second edition reflects the author's ongoing efforts to design treatments that can significantly extend the therapeutic power of methods based on an Adaptive Information Processing model.

AUD RRP: \$107.00 ISBN-13: 9780826172556  
Due Date: 29/11/2018 Discount: Text  
Format: Paperback Size: 229 X 152  
Pages: 280



**Working with Adolescents 2/e**  
*Laser Julie Anne and Nicotera, Nicole*

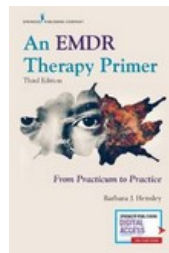


**GUILFORD PUBLICATIONS**

**NEW EDITION**

Noted for its multisystemic-ecological perspective, this accessible text and practitioner resource has now been revised.

AUD RRP: \$87.99 ISBN-13: 9781462546152  
Due Date: 05/07/2021 Discount: Acad & Professional  
Format: Hardback Size: 229 X 152  
Illustration: Not Pages: 362  
Illustrated



**An EMDR Therapy Primer**  
*Hensley Barbara J.*

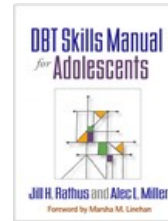


**SPRINGER PUBLISHING COMPANY**

**NEW**

Offers a step-by-step overview of the foundations of EMDR therapy presented in easily accessible, conversational language, and helps both new and experienced clinicians to maximize their preparation and skills in using EMDR safely, confidently, and effectively.

AUD RRP: \$98.99 ISBN-13: 9780826182487  
Due Date: 01/01/2021 Discount: Acad & Professional  
Format: Paperback Size: 229 X 152  
Pages: 530



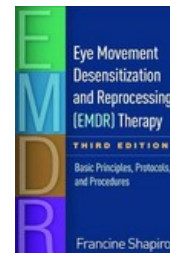
**DBT Skills Manual for Adolescents**  
*Rathus Jill H. ; Miller, Alec L.*



**GUILFORD PUBLICATIONS**

From leading experts who have trained thousands of professionals in dialectical behavior therapy (DBT), this manual provides indispensable tools for treating adolescents with emotional or behavioral problems of any level of severity.

AUD RRP: \$95.99 ISBN-13: 9781462515356  
Due Date: 14/02/2015 Discount: Text  
Format: Paperback Size: 266 X 203  
Pages: 392



**Eye Movement Desensitization and Reprocessing (EMDR) Therapy 3/e**  
*Shapiro Francine*



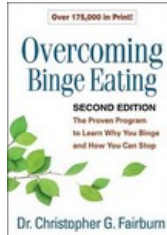
**GUILFORD PUBLICATIONS**

The authoritative presentation of Eye Movement Desensitization and Reprocessing (EMDR) therapy, this groundbreaking book--now revised and expanded--has enhanced the clinical repertoires of more than 125,000 readers and has been translated into 10 languages.

AUD RRP: \$127.00 ISBN-13: 9781462532766  
Due Date: 18/02/2018 Discount: Text  
Format: Hardback Size: 235 X 156  
Pages: 568



## Self-help



**BESTSELLING**

**Overcoming Binge Eating, Second Edition**  
Fairburn Christopher G.

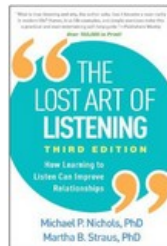


**GUILFORD PUBLICATIONS**

This trusted bestseller provides all the information needed to understand binge eating and bring it under control, whether you are working with a therapist or on your own. Clear, step-by-step guidelines show you how to:

- \*Overcome the urge to binge.
- \*Gain control over what and when you eat.

|                             |                                      |
|-----------------------------|--------------------------------------|
| <b>AUD RRP:</b> \$33.99     | <b>ISBN-13:</b> 9781572305618        |
| <b>Due Date:</b> 08/09/2013 | <b>Discount:</b> Trade International |
| <b>Format:</b> Paperback    | <b>Size:</b> 229 X 152               |
|                             | <b>Pages:</b> 243                    |



**The Lost Art of Listening Third Edition**  
Nichols Michael P. and Straus, Martha B.

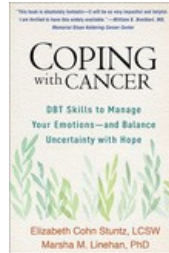


**NEW EDITION**

**GUILFORD PUBLICATIONS**

One person talks; the other listens. It's so basic that we take it for granted. Unfortunately, most of us think of ourselves as better listeners than we actually are. Why do we so often fail to connect when speaking with family members, romantic partners, colleagues, or friends?

|                             |                                      |
|-----------------------------|--------------------------------------|
| <b>AUD RRP:</b> \$35.99     | <b>ISBN-13:</b> 9781462542741        |
| <b>Due Date:</b> 01/06/2021 | <b>Discount:</b> Trade International |
| <b>Format:</b> Paperback    | <b>Size:</b> 229mm X 152mm           |
|                             | <b>Pages:</b> 368                    |



**Coping with Cancer**  
Elizabeth Cohn Stuntz and Marsha M. Linehan

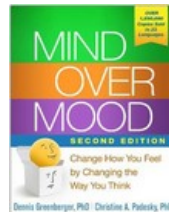


**GUILFORD PUBLICATIONS**

**NEW**

A cancer diagnosis can lead to what feel like impossible questions. This compassionate book presents dialectical behavior therapy (DBT), a proven psychological intervention that Marsha M. Linehan developed specifically for the impossible situations of life.

|                                      |                                      |
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| <b>AUD RRP:</b> \$33.99              | <b>ISBN-13:</b> 9781462542024        |
| <b>Due Date:</b> 01/02/2021          | <b>Discount:</b> Trade International |
| <b>Format:</b> Paperback             | <b>Size:</b> 228 X 152               |
| <b>Illustration:</b> Not Illustrated | <b>Pages:</b> 140                    |



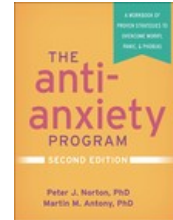
**Mind Over Mood, Second Edition**  
Greenberger Dennis ; Padesky, Christine A.



**GUILFORD PUBLICATIONS**

Discover simple yet powerful steps you can take to overcome emotional distress--and feel happier, calmer, and more confident. This life-changing book has already helped more than 1,100,000 readers use cognitive-behavioral therapy--one of today's most effective forms of psychotherapy--to conquer depression, anxiety, panic attacks, anger and guilt.

|                             |                                      |
|-----------------------------|--------------------------------------|
| <b>AUD RRP:</b> \$52.99     | <b>ISBN-13:</b> 9781462520428        |
| <b>Due Date:</b> 31/10/2015 | <b>Discount:</b> Trade International |
| <b>Format:</b> Paperback    | <b>Size:</b> 266 X 203               |
|                             | <b>Pages:</b> 341                    |



**The Anti-Anxiety Program 2/e**  
Peter J. Norton and Martin M. Antony

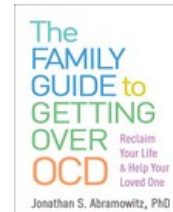


**GUILFORD PUBLICATIONS**

**NEW EDITION**

A lifeline for anxiety sufferers, this expertly crafted workbook has been revised and updated to be even more user-friendly. Readers discover a new sense of freedom as they work through this comprehensive program grounded in cognitive-behavioral therapy (CBT).

|                                      |                                      |
|--------------------------------------|--------------------------------------|
| <b>AUD RRP:</b> \$49.99              | <b>ISBN-13:</b> 9781462543618        |
| <b>Due Date:</b> 01/02/2021          | <b>Discount:</b> Trade International |
| <b>Format:</b> Paperback             | <b>Size:</b> 266 X 203               |
| <b>Illustration:</b> Not Illustrated | <b>Pages:</b> 258                    |



**The Family Guide to Getting Over OCD**  
Abramowitz Jonathan S.



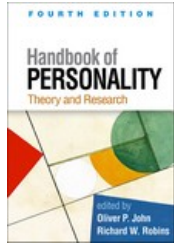
**GUILFORD PUBLICATIONS**

**NEW**

When a loved one is trapped in an endless cycle of obsessions and compulsions, it's a constant struggle for the whole family. Grounded in state-of-the-art knowledge about OCD treatment, the book includes step-by-step strategies for getting family life back on track, practical examples, sample dialogues, and downloadable practical tools.

|                                      |                                      |
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| <b>AUD RRP:</b> \$33.99              | <b>ISBN-13:</b> 9781462541362        |
| <b>Due Date:</b> 09/06/2021          | <b>Discount:</b> Trade International |
| <b>Format:</b> Paperback             | <b>Size:</b> 229 X 152               |
| <b>Illustration:</b> Not Illustrated | <b>Pages:</b> 202                    |





**Handbook of Personality 4/e**  
John Oliver P. and  
Robins, Richard W.



**GUILFORD PUBLICATIONS**

**NEW EDITION**

Now in a revised and expanded fourth edition, this definitive reference and text has more than 50% new material, reflect

|                                      |                               |
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| <b>AUD RRP:</b> \$245.00             | <b>ISBN-13:</b> 9781462544950 |
| <b>Due Date:</b> 01/03/2021          | <b>Discount:</b> Text         |
| <b>Format:</b> Hardback              | <b>Size:</b> 254 X 178        |
| <b>Illustration:</b> Not Illustrated | <b>Pages:</b> 878             |



**Good Psychiatric Management and Dialectical Behavior Therapy**  
Sonley Anne, MD  
JD; Choi-Kain, Lois W.



**NEW**

**AMERICAN PSYCHIATRIC ASSOCIATION PUBLISHING**

The impetus for writing this book was the realization that the availability of specialized care for borderline personality disorder (BPD) is far outstripped by the number of patients who need treatment.

|                             |                                      |
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| <b>AUD RRP:</b> \$120.00    | <b>ISBN-13:</b> 9781615373413        |
| <b>Due Date:</b> 01/05/2021 | <b>Discount:</b> Acad & Professional |
| <b>Format:</b> Paperback    | <b>Size:</b> 229 X 150               |
| <b>Illustration:</b> B&W    |                                      |
| <b>Throughout</b>           |                                      |



**Publication Manual of the American Psychological Association 7/e**  
American Psychological Association

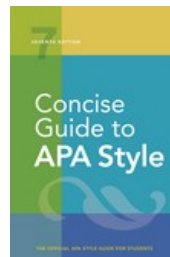


**BESTSELLING**

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

With millions of copies sold worldwide in multiple languages, this is the style manual of choice for writers, researchers, editors, students, and educators in the social and behavioral sciences, natural sciences, nursing, communications, education, business, engineering, and other fields.

|                             |                                      |
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| <b>AUD RRP:</b> \$69.99     | <b>ISBN-13:</b> 9781433832161        |
| <b>Due Date:</b> 29/12/2019 | <b>Discount:</b> Acad & Professional |
| <b>Format:</b> Paperback    | <b>Size:</b> 254 X 178               |
| <b>Pages:</b> 428           |                                      |



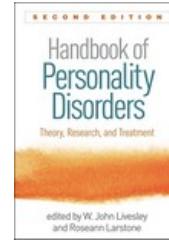
**Concise Guide to APA Style 7/e**  
American Psychological Association



**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Designed specifically for undergraduate writing, this easy-to-use pocket guide is adapted from the seventh edition of the Publication Manual of the American Psychological Association. It provides complete guidance on effective, clear, and inclusive scholarly communication and the essentials of formatting papers and course assignments.

|                                      |                                      |
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| <b>AUD RRP:</b> \$79.00              | <b>ISBN-13:</b> 9781433832734        |
| <b>Due Date:</b> 01/08/2020          | <b>Discount:</b> Acad & Professional |
| <b>Format:</b> Spiral bound          | <b>Size:</b> 216 X 133               |
| <b>Illustration:</b> Not Illustrated | <b>Pages:</b> 326                    |



**Handbook of Personality Disorders, Second Edition**  
Livesley John W.;  
Larstone, Roseann



**NEW EDITION**

**GUILFORD PUBLICATIONS**

The leading reference on personality disorders and their treatment, this authoritative work is now significantly revised with 80% new content reflecting important advances in the field. Preeminent experts provide in-depth coverage of conceptual and taxonomic issues, psychopathology, epidemiology and longitudinal course.

|                             |                                      |
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| <b>AUD RRP:</b> \$97.99     | <b>ISBN-13:</b> 9781462545926        |
| <b>Due Date:</b> 01/03/2021 | <b>Discount:</b> Acad & Professional |
| <b>Format:</b> Paperback    | <b>Size:</b> 254 X 178               |
|                             | <b>Pages:</b> 712                    |



**Statistics Translated 2/e**  
Terrell Steven R.  
(Nova Southeastern University)



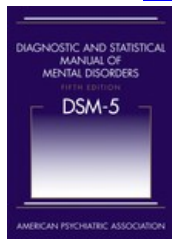
**NEW EDITION**

**GUILFORD PUBLICATIONS**

Roping the reader in with humor and real-world case examples presented as mysteries to be solved, this engaging text has been updated with new cases, the latest version of SPSS, and new coverage of multivariate analysis of variance. Steven R. Terrell prepares students and practitioners to become informed consumers of statistics.

|                             |                                      |
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| <b>AUD RRP:</b> \$108.00    | <b>ISBN-13:</b> 9781462545407        |
| <b>Due Date:</b> 01/04/2021 | <b>Discount:</b> Acad & Professional |
| <b>Format:</b> Paperback    | <b>Size:</b> 254 X 178               |
|                             | <b>Pages:</b> 440                    |





**Diagnostic and Statistical Manual of Mental Disorders (DSM-5 (R))**  
*American Psychiatric Association*



**BESTSELLING**

**AMERICAN  
PSYCHIATRIC  
ASSOCIATION  
PUBLISHING**

This new edition of the American Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders (DSM-5 (R)), used by clinicians and researchers to diagnose and classify mental disorders, is an authoritative volume that improves diagnoses, treatment, and research.

|                             |                                    |
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| <b>AUD RRP:</b> \$259.00    | <b>ISBN-13:</b> 9780890425558      |
| <b>Due Date:</b> 21/06/2013 | <b>Discount:</b> Very Short Disc A |
| <b>Format:</b> Paperback    | <b>Size:</b> 254 X 175             |
|                             | <b>Pages:</b> 991                  |



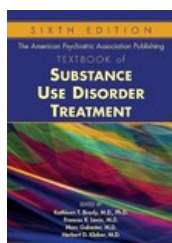
**Desk Reference to the Diagnostic Criteria From DSM-5 (R)**  
*American Psychiatric Association*



**AMERICAN  
PSYCHIATRIC  
ASSOCIATION  
PUBLISHING**

A concise, affordable companion to the DSM-5 (R). It includes the fully revised diagnostic classification and all of the diagnostic criteria from DSM-5 (R). This convenient guide will assist all mental health professionals as they integrate the DSM-5 (R) diagnostic criteria into their practice.

|                             |                                      |
|-----------------------------|--------------------------------------|
| <b>AUD RRP:</b> \$161.00    | <b>ISBN-13:</b> 9780890425565        |
| <b>Due Date:</b> 21/06/2013 | <b>Discount:</b> Acad & Professional |
| <b>Format:</b> Paperback    | <b>Size:</b> 165 X 106               |
|                             | <b>Pages:</b> 443                    |



**The American Psychiatric Association Publishing Textbook of Substance Use Disorder Treatment**  
*Brady Kathleen T. (Professor of Psychiatry, M)*



**NEW EDITION**

**AMERICAN  
PSYCHIATRIC  
ASSOCIATION  
PUBLISHING**

A robust revision, including many entirely new chapters addressing policy, the latest treatment approaches, and special topics, the sixth edition offers a comprehensive and compelling review of this ever-evolving field.

|  |                                      |
|--|--------------------------------------|
| <b>AUD RRP:</b> \$398.00               | <b>ISBN-13:</b> 9781615372218        |
| <b>Due Date:</b> 01/04/2021            | <b>Discount:</b> Acad & Professional |
| <b>Format:</b> Hardback                | <b>Size:</b> 254 X 175               |
| <b>Illustration:</b> Colour Section(S) | <b>Pages:</b> 990                    |



**The American Psychiatric Association Practice Guideline for the Treatment of Patients With Schizophrenia**  
*American Psychiatric Association*

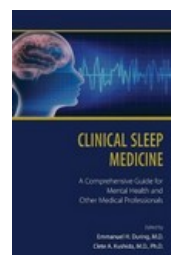


**NEW**

**AMERICAN  
PSYCHIATRIC  
ASSOCIATION  
PUBLISHING**

Focuses specifically on evidence-based pharmacological and non-pharmacological treatments and includes statements related to assessment and treatment planning, which are an integral part of patient-centered care.

|                             |                                      |
|-----------------------------|--------------------------------------|
| <b>AUD RRP:</b> \$170.00    | <b>ISBN-13:</b> 9780890424698        |
| <b>Due Date:</b> 04/02/2021 | <b>Discount:</b> Acad & Professional |
| <b>Format:</b> Paperback    | <b>Size:</b> 279 X 213               |
|                             | <b>Pages:</b> 277                    |



**Clinical Sleep Medicine During Emmanuel H., MD (Stanford University);**



**AMERICAN  
PSYCHIATRIC  
ASSOCIATION  
PUBLISHING**

Featuring the contributions of more than two dozen national and international experts, Clinical Sleep Medicine: A Comprehensive Guide for Mental Health and Other Medical Professionals is the definitive resource to the core concepts of sleep medicine. With the most up-to-date information and the latest guidelines.

|                                     |                                      |
|-------------------------------------|--------------------------------------|
| <b>AUD RRP:</b> \$146.00            | <b>ISBN-13:</b> 9781615373000        |
| <b>Due Date:</b> 18/11/2020         | <b>Discount:</b> Acad & Professional |
| <b>Format:</b> Paperback            | <b>Size:</b> 229 X 150               |
| <b>Illustration:</b> B&W Throughout |                                      |



## Counselling, Clinical Psychology and Psychiatry Resources Price List

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